



Expressive Therapies Fall 2023 Group Calendar



MONDAY

CODA

4 pm

Teens/Tweens
Music Group

REVERB

4:15 pm

Tweens Music Group

Let's Move It

4:30pm

Preteens/teens
Music & Movement

Social Skills I

5:15 pm

Youth Music Group

TUESDAY

SPACE

4:15 pm

Youth Music Spatial
Awareness, Executive
Functioning &
Self-Regulation

Social Skills II

4:30 pm

Youth Music Group

WAM

4:30 pm

Storytelling, Art,
& Music

TNT

5:30 pm

Creative Arts Group
Self-Regulation

WEDNESDAY

Groovin' in the Music

4 pm

18 ½ months to 4 years
w/Caregiver Music Group

Rhythmic Rehab

4:30 pm

Youth & Caregiver Music
Therapy & Physical Therapy
group

CRESCENDO

Starts September 6

Time recommended by
group leader

4:15-5:15pm

5:15-6:15pm

THURSDAY

BEAT

4 pm

Creative Arts Group
Ages 9-13

FLOW

4:30pm

Teens Creative Arts &
Mindfulness

Rhythms & Regulation

4:15pm

Youth & Caregiver Co-
Regulation
Music Group

Strumming & Songwriting

5:15 pm

Teens/young adults Basic
guitar/ukulele skills and
songwriting

FRIDAY

Just for Today

10:15 am

Adult Structured Art Studio



Crescendo Band starts Wednesday, September 6

10-week Creative Arts Fall Groups start the week of Monday, September 11

Group Registration Deadline: Friday, September 1

All Clients Must Complete a Registration Form

Late registrations will not be accepted

Ask your child's therapist about a group recommendation and contact the office regarding registration information.

Please see individual group flyers for full details.

