

WINTER 2022 GROUPS

MONDAY

Social Skills I
Music Group
for youth
4 pm

CODA
Creative Arts
Group for
Teens/Tweens
4pm

REVERB
Teen Music Group
4: 15 pm

TUESDAY

WAM
Storytelling, Art,
& Music
4: 30 pm

**Rhythms and
Regulation**
Music & regulation
group for youth
4 pm

T & T
Youth
Music/Art Group
Self-Regulation
5: 30 pm

FLOW
Creative Arts &
Mindfulness
for Teens
5pm

WEDNESDAY

BEAT
Music/Art Group
Ages 9-13
4pm

Let's Move It
Music &
Movement for
Preteens/teens
5pm

**Rhythmic Rehab
NEW GROUP**
Music Therapy &
Physical Therapy
group for youth with
differing abilities
along with their
caregivers
5 pm

THURSDAY

**Rhythmic Rehab
NEW GROUP**
Music Therapy &
Physical Therapy
group for youth with
differing abilities
along with their
caregivers
1: 15 pm

CRESCENDO
Starts January 20

Ages 10-15:
4: 15-5: 15 pm

+16 - Adults:
5: 15-6: 15pm

+16 - Adults:
6: 15-7: 15pm

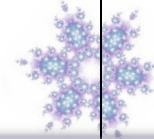
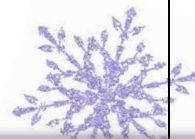
FRIDAY

Just for today
Open Art Studio
for adults
10: 15 am -11: 30am

**Groovin' in the
Music**
Connections thru
Music for
Caregivers
& Child (18 Months
to 4 yrs. Old)
10: 30 am

SATURDAY

**Socializing
through Music**
Music Group
Teen/Young Adult
10: 30 am



Winter Group Information:

All 10-week groups start the week of Monday January 10

CRESCENDO starts Thursday, January 20 for 13 sessions

Registration Deadline: Wednesday December 22

NO LATE REGISTRATIONS WILL BE ACCEPTED

For additional information: Call the office at 920.903.1009

or Email scheduling@expressivetherapies.net

As we enter the Winter season, please update your email/phone number with our scheduling department and watch our social media pages for any updated information on office closures or group cancellations due to inclement weather.