



# Syncopated Senses

“Finding success and fulfillment in your own beat!!”

Expressive Therapies LLC and Building Hope Therapy Services LLC

Join us for practical and functional music, sensory based interventions to improve social participation, teamwork, self-regulation, sensory modulation, gross and fine motor development and cognition; all through activities that just look and feel like fun!

Potential side effects:

- ✓ Improved mood
- ✓ Improved sense of self
- ✓ Growth in learning how to regulate own emotions
- ✓ Growth in learning how to regulate own sensory needs
- ✓ Improved body awareness and sense of space

**Feedback will be provided throughout on progress & ideas to continue at home. At last session, parents will be offered more support on how to implement ideas and support child in the home and school environment.**

## CONTACT US!!

Amanda @ 920.202.2262

[Amanda@buildinghopetherapy.com](mailto:Amanda@buildinghopetherapy.com)

Expressive Therapies:  
920.903.1009

[info@expressivetherapies.net](mailto:info@expressivetherapies.net)

Music, movement, art, independent skill building and cognitive activities will all be utilized to address the following sensory areas:

- Gustatory (taste)
- Visual (sight)
- Auditory (hearing)
- Olfactory (smell)
- Tactile (touch)
- Proprioception (muscles and joints)
- Vestibular (balance)
- Interoception (inner physiology)

Join us in having a sensational day!

- 45-minute groups
- Groups are small in size to best meet the needs of each individual
- Led by Occupational Therapist and Music Therapist
- An initial screening is required prior to your child/teen beginning in the group setting.
- Insurance/other funding may be available to help offset the cost of group. Contact us to discuss what out-of-pocket costs may be for your child/situation!

Groups will run for 10 weeks on Thursdays: May 17 – July 26

Level 1: 4:15-5 PM

Level 2: 5:15-6 PM

***Investment in group is \$595***

- Contact us for registration information~
- Groups are held at:  
**245 N Metro Dr in Appleton WI**