



Neurologic Music Therapy for Aphasia

Group setting for individuals with aphasia and their caregivers.

***Can come solo or with caregiver.**

Must register to be a part of group!

**Groups are held at Expressive Therapies:
245 N Metro Dr in Appleton**

After 8 weeks 24 individual music therapy sessions that included therapeutic singing, patients improved their symptoms of dysarthric speech, including speech naturalness and a reduction in the number and length of pauses (Tamplin, 2008).

What is Neurologic Music Therapy (NMT)?

Neurologic Music Therapy uses music elements such as rhythm and melody in order to help rebuild damaged areas of the brain by activating non-damaged brain areas to create additional neural pathways to support recovery from brain damage

Neuroscience has found that music stimulates the entire brain, reinforcing the use of music as a tool to create change.

How does music help?

When the left side of the brain is damaged, speech and language is often impacted. Neurologically trained music therapists follow specific protocols using music to “bypass” the affected areas of the brain and work with undamaged areas of the brain to create new neuropathways. Often if someone’s speech is affected, they are still able to sing. This is a helpful tool within NMT.

Please contact
info@expressivetherapies.net
or 920.903.1009 for
more information on
how to register and fees
for group.